

# Neurologic and Psychiatric Care I

## Fibromyalgia

1. Demonstrate an understanding of the epidemiology of fibromyalgia, its impact on patient health, and the clinical controversy surrounding the syndrome.
2. Evaluate available treatment options and design a treatment plan for the patient with fibromyalgia.
3. Evaluate the available evidence regarding complementary and alternative medicine for fibromyalgia.
4. Justify the role of patient self-care in the treatment of fibromyalgia.
5. Construct a patient education strategy to aid patients in fibromyalgia self-management.

## Migraine Headache

1. Using the *International Classification of Headache Disorders, Second Edition* criteria, distinguish between headache types as well as between aura and premonitory and resolution symptoms.
2. Design a pharmacotherapy plan to manage acute migraine headaches or prevent episodic migraine headaches.
3. Develop appropriate therapies for pregnant patients with migraine headaches, medication overuse headaches, and chronic migraine.
4. Evaluate the risk of cardiovascular events in people with migraine who take oral contraceptives.
5. Differentiate between pure menstrual migraine and menstrual-associated migraine, and develop a plan to manage these migraine types.
6. Develop an education plan, including self-management, for a patient with migraine headaches that includes adherence, diet, exercise, and the use of a headache diary.

## Dementia

1. Evaluate patients for dementia disorders, including those with potentially reversible causes, using appropriate screening tools in the ambulatory care setting.
2. Design a pharmacotherapy plan for managing dementia disorders.
3. Compose a plan to monitor safety and efficacy of pharmacotherapy for dementia disorders, including drug-drug interactions.
4. Assess the appropriateness of currently available treatment options for the management of dementia disorders.
5. Design appropriate strategies for the medical management of behavioral and psychological symptoms of dementia.