PSAP 2021 Book 3 (Chronic Conditions and Public Health)

Release date: September 15, 2021

BCPS test deadline: 11:59 p.m. (Central) on March 15, 2022. ACPE test deadline: 11:59 p.m. (Central) on September 15, 2024.



Continuing Pharmacy Education (CPE) Credit: The American College of Clinical

Pharmacy is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of CPE.

PSAP Target Audience: The target audience for PSAP 2021 Book 3 (*Chronic Conditions and Public Health*) is pharmacotherapy specialists and advanced level clinical pharmacists encountering patients with chronic diseases and/or a need for public health–related services.

Module I (4.5 CPE): 0217-0000-21-040-H01-P

Chapter: Drug Interactions: Scientific and Clinical Principles Learning Objectives

- 1. Assess patients on the basis of the incidence of drug interactions and their potential outcomes.
- 2. Distinguish the mechanisms behind various drug interactions and their impact on patients.
- 3. Develop strategies for identifying and mitigating potential drug interactions.
- 4. Evaluate the strengths and weaknesses of available drug interaction resources.

Chapter: Monitoring of Adverse Drug Reactions and REMS Learning Objectives

- 1. Using validated tools, assess patients for the risk of an adverse drug reaction (ADR).
- 2. Evaluate an ADR program to determine whether quality metrics are being met with appropriate feedback to stakeholders.
- 3. Evaluate a plan to monitor a Risk Evaluation and Mitigation Strategies (REMS) program to ensure compliance with regulations and training of personnel.
- 4. Evaluate the elements for creating a multidisciplinary approach to a REMS program to enhance optimal patient outcomes.
- 5. Develop a plan to ensure patient safety that incorporates ADR reporting and REMS reporting and compliance.

Module II (5.5 CPE): 0217-0000-21-041-H01-P

Chapter: Patient Wellness, Health Screening, and Preventive Medicine Learning Objectives

1. Evaluate opportunities to promote and implement wellness prevention interventions and/or programs.

- 2. Distinguish among the various wellness initiatives that may affect a patient's care and pharmacotherapeutic care plan.
- 3. Develop a wellness plan that incorporates a patient's risk factors and comorbidities.
- 4. Justify when patients should receive preventive screenings, and determine a timeline for when they should be performed.
- 5. Evaluate the available technological support systems designed to aid the clinician and patient in wellness and prevention decisions.

Chapter: Pregnancy Wellness and Antenatal Care Learning Objectives

- 1. Design a nutritional support plan for a pregnant patient in the first trimester of pregnancy.
- 2. Design a complete treatment plan for a pregnant patient with diabetes, including monitoring recommendations, nonpharmacologic therapy, pharmacologic therapy, and pertinent patient education.
- 3. Design a complete treatment plan for a pregnant patient with chronic hypertension, including monitoring recommendations, nonpharmacologic therapy, pharmacologic therapy, and pertinent patient education.
- 4. Design a complete treatment plan for a pregnant patient with a thyroid disorder, including monitoring recommendations, pharmacologic therapy, and pertinent patient education.
- 5. Design a complete treatment plan for a pregnant patient with a history of depression, anxiety, and/or bipolar disorder, including monitoring recommendations, pharmacologic therapy, and pertinent patient education.
- 6. Develop a preconception plan for a patient with diabetes, chronic hypertension, a thyroid disorder, and/or a mental health disorder during pregnancy.

Chapter: Routine Adult Immunizations and COVID-19 Vaccines Learning Objectives

- 1. Assess patient risk factors for common vaccine-preventable diseases.
- 2. Distinguish the characteristics of various available vaccines for influenza, pneumococcal disease, meningococcal disease, herpes zoster, tetanus diphtheria pertussis, hepatitis A, hepatitis B, and coronavirus disease 2019.
- 3. Design a patient-specific immunization regimen on the basis of age, risk factors, and comorbid conditions.
- 4. Apply strategies for effectively addressing pseudoscience and vaccine hesitancy.

Module III (4.5 CPE): 0217-0000-21-042-H01-P

Interactive Case: Psoriasis Learning Objectives

- 1. Apply data from contemporary studies of epidemiology and pathophysiology to the assessment and treatment of patients with psoriasis.
- 2. Evaluate the severity of a patient's psoriasis in order to justify a general treatment approach.
- 3. Develop an evidence-based treatment regimen to manage the clinical manifestations of a patient's psoriasis.

- 4. Develop a plan for screening and managing psoriasis-related comorbidities and adverse effects of therapy according to current guidelines.
- 5. Design a treatment plan to treat special populations of patients with psoriasis.

Interactive Case: Combination Therapies in BPH Learning Objectives

- 1. Evaluate combination pharmacologic agents for the treatment of benign prostatic hyperplasia (BPH) or lower urinary tract symptoms (LUTS), including adverse effects and monitoring.
- 2. Design an appropriate treatment approach for a patient with BPH/LUTS, including the role of combination therapy.