

### **Updates Plus Webinar in Ambulatory Care Learning Objectives**

1. Identify medications used for the management of type 2 diabetes mellitus with proven cardiovascular benefits.
2. Differentiate between recent antidiabetic cardiovascular outcome trials (CVOT).
3. Recognize potential benefits and safety-related concerns from recent antidiabetic CVOT.
4. Articulate postulated mechanisms that may be associated with the observed clinical benefits from recent antidiabetic CVOT.
5. Construct an evidence-based medication regimen for a provided patient case scenario and state counseling points based on your recommendation.
6. Compare the 2017 American College of Physician recommendations for gout management versus the 2012 American College of Rheumatology guidelines.
7. Review the 2017 updates to the American College of Rheumatology practice guidelines for glucocorticoid-induced osteoporosis.
8. Compare and contrast blood pressure goals for adults aged 60 years and older as recommended by the Eighth Joint National Committee (JNC 8), the American Society of Hypertension and the International Society of Hypertension (ASH/ISH), and the American College of Physicians and the American Academy of Family Physicians (ACP/AAFP).
9. Differentiate between the American College of Cardiology/American Heart Association (ACC/AHA), National Lipid Association (NLA), and the American Association of Clinical Endocrinologists/American College of Endocrinology (AAACE/ACE) treatment recommendations of dyslipidemia in adults.
10. Formulate evidence-based treatment plans for adults with hypertension and dyslipidemia.