

Issue 2 - Winter 2011

ACCP 2010 Clinical Pharmacy Challenge

By Kayley Lyons, South Dakota State University

Congratulations to the University of Minnesota College of Pharmacy for winning the First Annual American College of Clinical Pharmacy Clinical Pharmacy Challenge! The ACCP Clinical Pharmacy Challenge is a national quiz bowl competition created and developed by the ACCP StuNet Advisory Committee. The first year of the competition was extremely successful with 93 teams competing from 74 schools and colleges of pharmacy from across the country.

Teams of three students began the competition last September with two preliminary online rounds. Each round contained three sections: a lightning round, a clinical case round, and a Jeopardy-format round. Half of the teams then advanced to the second online round, and the top four teams advanced to the semi-finals. The semi-finals and finals were live in front of an energetic audience of practitioners at the ACCP Annual Meeting in Austin, Texas in October. The semi-finalists were Nova Southeastern University-Puerto Rico campus and Purdue University who fell to University of California-San Diego and University of Minnesota, respectively.

Check out the [Student page](#) on ACCP's website for details about next year's challenge.

ACCP plans on expanding the competition by including additional online and live rounds for the 2011 Clinical Pharmacy Challenge. Thank you to everyone who competed!



The first place student team from the University of Minnesota College of Pharmacy are pictured in Austin, Texas from left to right: Ramy Elshaboury, Lacy Ternes, and Camille Beauduy .

Students learn and network in Austin, Texas

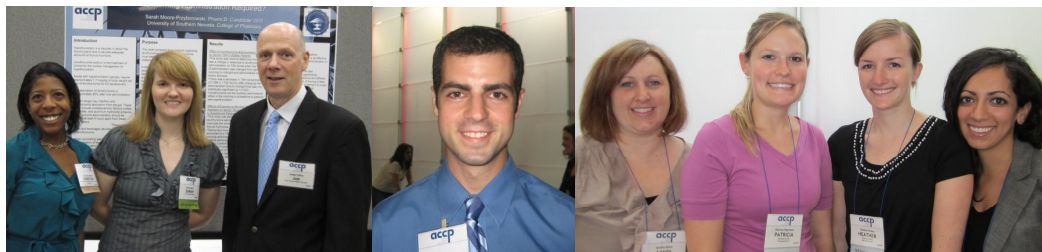
By Kayley Lyons, South Dakota State University

On October 17- 20, 2010, practitioners, scientists, educators, administrators, residents, fellows, and pharmacy students gathered in Austin, Texas for the ACCP Annual Meeting. The meeting offered students the opportunity to network with leaders in the field of clinical pharmacy on a less intimidating and more personal level.

Students gained valuable insight from clinical specialty roundtables and expert panel discussions. Student programming sessions informed students on important matters such as interviewing skills, securing job offers, and financial planning. Practice and Research Network (PRN) members and officers were eager to interact with students during individual PRN meetings ranging from Ambulatory Care to Hematology/Oncology. The Education and Training PRN even hosted mock interviews to prepare students for residency interviews.

Over 150 students registered for the meeting with 45 students submitting a poster. Johanna L. Norman, from the University of Tennessee College of Pharmacy, won the Best Student Poster Award for "The Incidence of Bleeding with Enoxaparin Bridging." Norman received a plaque and a \$250 cash award.

The [2011 Annual Meeting](#) will take place in Pittsburgh, Pennsylvania from October 16-19.



Pictured above: Students from across the country interact and network during the 2010 Annual Meeting.

Q & A:

By Christopher Adams,
Oregon State University

Q: How do I decide if clinical pharmacy is right for me?

A: Clinical pharmacy is a health science discipline in which pharmacists provide patient care that optimizes medication therapy and promotes health and disease prevention. Some tips to increase your awareness of what clinical pharmacists do in practice include:

- Observe different aspects of clinical pharmacy through experiential programs
- Seek out clinical experiences and mentors
- Go to regional and national meetings to network
- Sign up for an [ACCP PRN](#) (Practice and Research network) to learn more about a specialty area within clinical pharmacy

Have questions/comments?

Email stunews@accp.com

Did You Know?

By Rena Lettsome,
University of Minnesota

The ACCP [Clinical Compass](#) is a free resource provided to pharmacy students that assists in navigating the way to a career in clinical pharmacy.

The Clinical Compass is beneficial to all students, no matter what point in your pharmacy education.

Some key features of the Clinical Compass include:

- How to Develop Clinical Skills
- Understanding Residencies and Fellowships
- CV and Interviewing Tips
- Guide to Pharmacy Resources

The world of clinical pharmacy is at your fingertips! Get started today!

Calendar Dates:

January 2011:

12: ACCP Clinical Pharmacy Challenge rules posted
14: Register for MATCH deadline

February 2011:

11: ASHP MATCH ranking opens
25: ACCP Spring meeting early registration closes

March 2011:

1: APhA Annual meeting early registration closes
11: MATCH rank order list deadline
22: MATCH results released
25-28: APhA Annual meeting

April 2011:

4: ACCP Clinical Pharmacy Challenge registration opens
8-12: ACCP Spring meeting – Updates in Therapeutics

Clinical Pearl: How to Stay Up-to-Date with Clinical Guidelines

By Melanie Siv, Wingate University

Being busy pharmacy students, it can be difficult to keep up with important updates to practice guidelines. A great way to stay current with guidelines is to keep up with research in general. New treatment options that impact guidelines are often published in peer reviewed journals. You can subscribe online, and most often for free, to the following journals' tables of contents: [Annals of Internal Medicine](#), [New England Journal of Medicine](#), [JAMA](#), [Archives of Internal Medicine](#), [Lancet](#), [Medscape](#), [Pharmacotherapy](#), and [Annals of Pharmacotherapy](#). Below is a list of some good sources to look at for guideline updates.

General:

- [National Guideline Clearinghouse](#)

Anticoagulation:

- [American College of CHEST Physicians](#)

Cardiovascular:

- [American Heart Association \(AHA\)](#)
- [Journal of the American College of Cardiology \(JACC\)](#)
- [European Society of Cardiology \(ESC\)](#)

Cholesterol:

- [Adult Treatment Panel 3 \(ATP III\)](#)

Critical Care:

- [Eastern Association for the Surgery of Trauma \(EAST\)](#)
- [Society of Critical Care Medicine](#)

Diabetes:

- [American Diabetes Association \(ADA\)](#)

Hypertension:

- [Joint National Committee \(JNC 7\)](#)

Infectious Disease:

- [Infectious Disease Society of America \(IDSA\)](#)

Kidney Disease:

- [National Kidney Foundation Kidney Disease Outcomes Quality Initiative \(KDOQI\)](#)

Oncology:

- [American Society of Clinical Oncology \(ASCO\)](#)
- [National Comprehensive Cancer Network \(NCCN\)](#)

Respiratory:

- [The Global Initiative for Chronic Obstructive Lung Disease \(GOLD\)](#)
- [National Heart Lung Blood Institute \(NHLBI\) Asthma Guidelines](#)

Psychiatric:

- [American Psychiatric Association \(APA\)](#)

Professional Tidbit: Interviewing Tips

By Melanie Siv, Wingate University

Interviews are right around the corner for many; whether it is for a job, residency, or internship. The most important thing is to make sure you are prepared. Here are some tips on how to have a successful interviewing experience and what to expect during the interview.

Before the interview

1. Do your homework: Learn about the company or program you are applying to. Things to look up include location, type of facility, organization structure, reputation, services provided, and the strategic plan.
2. Filling out the applications: Make sure you follow instructions carefully and pay attention to details. Be neat and check your spelling.
3. Getting ready: PRACTICE! Have mock interviews and get feedback. Review your CV and be prepared to answer questions about anything you have listed. Prepare questions to ask the interviewer that are relevant and appropriate. Finally, dress in a professional manner.

During the interview

1. Bring all applicable documents (CV, lists of references, etc.) in a slim briefcase or portfolio.
2. Arrive on time! Be there 10-15 minutes before your scheduled appointment.
3. Nonverbal communication: Be sure to make eye contact, smile and give a firm handshake. Be confident and enthusiastic. Also make sure you have good posture.
4. The actual interview: Take a moment to think about your answer so you do not give the appearance of a rehearsed response. Answer questions honestly. Keep the interview more of a dialogue rather than a list. As the interview wraps up, take the opportunity to ask any clarification questions you may have about the program or company.

After the interview

1. Assess the experience: Take a moment to recap the process. Make notes about the environment, staff, and the company or programs objectives. Ask yourself if they will be a good fit for you. Also, assess how you felt you did on the interview and areas of improvement for your next one.
2. Send thank you notes: Send your thank you notes in a timely manner, usually within 2-3 days.

Also, here are some websites which provide sample STAR Behavioral Interview Method:

- <http://web.mit.edu/career/www/guide/star.html>
- <http://www.careerservices.wayne.edu/resources/behavioralinterviewinfo.pdf>
- http://www.pharmacist.com/AM/Template.cfm?Section=Typical_Interview_Questions

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