



Advancing Clinical Pharmacy Practice: Updates and Strategies from Experts in the Field

Focus on Chronic Diseases and Pharmacist Services

Pre-Congress Symposium

Held in Conjunction with The GCC Pharmaceutical Congress

Dubai, United Arab Emirates * Monday, October 5, 2015 * 9:00 a.m.–5:30 p.m.

TARGET AUDIENCE

Pharmacists, health care professionals, and health system administrators

GOAL

Symposium goal is to provide practical strategies for the advancement of clinical pharmacy services. The spectrum of topics will span from an update on select chronic cardiovascular diseases to pharmacist services and processes that advance clinical and economic outcomes of pharmacy services.

LEARNING OBJECTIVES

1. Devise strategies to implement the process of care for clinical pharmacists.
2. Discuss landmark advances in cardiovascular medicine with unique impact on pharmacist activities and services.
3. Given a patient case, construct evidence-based plans for the management of patients with common cardiovascular diseases.
4. Outline strategies to advance pharmacist services that improve medication management and patient outcomes.
5. Discuss pharmacist role in realizing health system, national, and global health care goals.

FACULTY



Wafa Y. Dahdal, Pharm.D., BCPS

*Director of International Programs & Associate Director of Professional Development
American College of Clinical Pharmacy*



Karen J. McConnell, Pharm.D., FCCP, BCPS (AQ Cardiology)

*Clinical Pharmacy Specialist in Cardiology
Kaiser Permanente of Colorado
Clinical Associate Professor
University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences*

FACULTY DISCLOSURES

Dr. Dahdal and Dr. McConnell have no relevant affiliations or financial relationships with commercial interest to disclose.

AGENDA

- 9:00 a.m. **Welcome and Introduction**
Wafa Y. Dahdal, Pharm.D., BCPS
1. Define clinical pharmacy.
 2. Summarize the evidence on outcomes associated with clinical pharmacy services.
- 9:15 a.m. **Clinical Pharmacy Services: Strategies and Processes**
Wafa Y. Dahdal, Pharm.D., BCPS
1. Discuss strategies for the provision of clinical pharmacy services.
 2. Describe the components of the process of care expected of clinical pharmacists.
 3. Identify opportunities and challenges to the implementation of the process of care at one's practice.
 4. Given a particular scenario,
 - a. Construct a plan to employ the process of care to advance pharmacist services and patient outcomes.
 - b. Identify the tools needed to systematically achieve, document, and evaluate pharmacist activities.
- 10:00 a.m. **Coffee Break**
- 10:30 a.m. **Landmark Updates in Cardiovascular Medicine: The Evidence and Application to Patient Care**
Karen J. McConnell, Pharm.D., FCCP, BCPS (AQ Cardiology)
1. Calculate 10 year and lifetime risk of atherosclerotic cardiovascular disease (ASCVD) using the pooled cohort equation.
 2. Recommend regimens for primary and secondary prevention of coronary heart disease (CHD) events.
 3. Create an evidence-based medication regimen to treat cholesterol for primary and secondary prevention.

4. Create an evidence-based medication regimen to treat hypertension for primary and secondary prevention.
5. Develop a treatment strategy for peripheral arterial disease and atherosclerotic stroke.

12:00 p.m. **Prayer and Lunch**

1:30 p.m. **Medication Management: Optimizing Efficacy and Safety thru Pharmacist Services**

Karen J. McConnell, Pharm.D., FCCP, BCPS (AQ Cardiology)

1. Describe the place on the interdisciplinary health care team for clinical pharmacy services.
2. Measure outcomes of clinical pharmacy services.
3. Review specific clinical pharmacy services that have demonstrated improved efficacy and patient safety.

3:00 p.m. **Coffee Break**

3:30 p.m. **Pharmacist Role in Achieving Health Care Goals**

Wafa Y. Dahdal, Pharm.D., BCPS

1. Discuss global health care targets for non-communicable diseases.
2. Given a particular scenario, identify pharmacist services that would contribute to the realization of global health care targets.
3. Devise strategies to implement such services.

4:30 p.m. **Practice Exercises and Patient Cases**

Karen J. McConnell, Pharm.D., FCCP, BCPS (AQ Cardiology)

1. Given a patient case, determine the most important subjective and objective data to assess.
2. Develop an assessment of a patient's medication regimen.
3. Formulate a therapy plan given a specific patient scenario.
4. Describe patient education for your medication plan.

5:30 p.m. **Closing Remarks and Adjournment**

Wafa Y. Dahdal, Pharm.D., BCPS

CONTINUING PHARMACY EDUCATION CREDIT



The American College of Clinical Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education (CPE).

ACCP designates this activity for 6.0 CPE contact hours. Partial credit is not available for this activity.

Type of Activity: Application-based
 Universal Activity Number: 0217-0000-15-086-L04-P

To earn CPE credit for this activity, the participant must attend all 6.0 contact hours of programming, complete the associated evaluation, and claim credit at www.accp.com/ce by November 6, 2015.

To obtain a statement of credit for this activity, international participants must update their ACCP profile at www.accp.com/myaccount/licensure.aspx by checking the box "I am an international pharmacist, and do not have an NABP e-Profile ID." Participants with an NABP e-Profile ID on file with ACCP will obtain their statement of credit from www.mycpemonitor.net.

CERTIFICATE OF ATTENDANCE

Certificates of attendance will be granted, at the conclusion of the activity, to participants taking part in the entire symposium.

For enquiries on the symposium, contact IntlClinPharmacist@accp.com.

REGISTRATION

Registration fees are as follows:

	Register and Pay by July 1	Register and Pay after July 1	Onsite Registration
Registration fee	US \$299	US \$349	US \$399

Registration fee includes symposium booklet; opportunity to earn 6.0 CPE credit hours and a certificate of attendance issued to those meeting the criteria specified above; and two coffee breaks and lunch.

To register for the symposium and reserve your seat, visit www.gccpharmacongress.com.

CANCELLATION POLICY

- Registration cancellations must be notified in writing by email to the Maarefah's office in Dubai. Email: info@gccpharmacongress.com
- Cancellations received 30 days prior to the event will receive a refund of the registration fees, less an administration charge of 100 USD of the fee.
- Cancellations made after, as well as 'no shows', are not eligible for a refund.
- Refunds will be processed 2 months after the event completion date.

COMMERCIAL SUPPORT

No commercial support has been received for this activity.

