

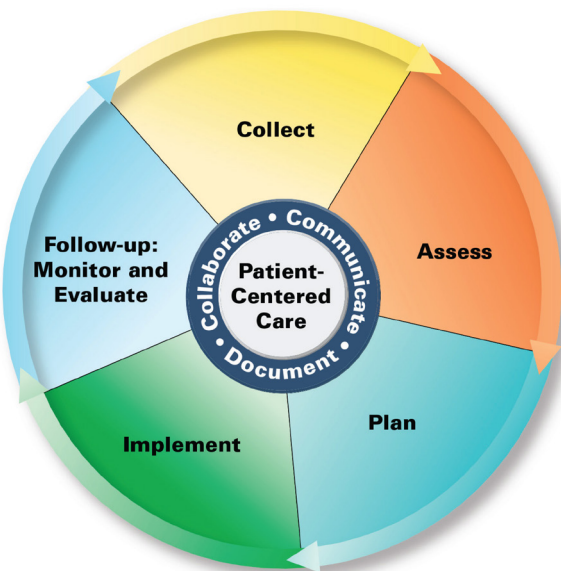
MEDICATION OPTIMIZATION

Optimizing the medication regimen and ensuring optimal medication use through collaborative, patient-centered care

MAKING AN IMPACT

Medication optimization contributes to the quintuple aim of patient care by:

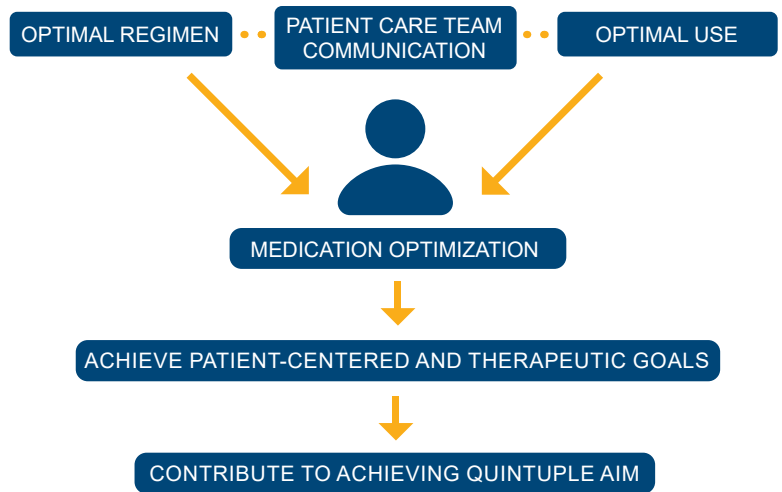
- Improving patient health
- Enhancing the patient experience
- Reducing costs
- Improving work life for health care clinicians
- Advancing health equity



JCPP Pharmacists' Patient Care Process
<https://jcpc.net/patient-care-process/>

COLLABORATIVE CARE

- Pharmacists working collaboratively with health care teams contribute to medication optimization by providing comprehensive clinical pharmacy services that are tailored to the care setting and the patient's specific needs.
- Medication optimization typically requires collaboration with pharmacists in more than one setting, including hospitals, clinics, and community-based pharmacies.



THE PROCESS OF CARE

Medication optimization is achieved through two interdependent and coordinated functions provided by pharmacists in collaboration with the patient and other members of the health care team.

Optimizing the medication regimen

- Collecting and evaluating patient information
- Assessing the current medication regimen
- Developing a patient-centered medication plan
- Implementing the plan
- Documenting the patient's medical record
- Conducting monitoring and follow-up

Optimizing medication use

- Ensuring patient understanding and agreement with the medication plan
- Ensuring access to the medications
- Providing follow-up and health care-related screening
- Communicating and coordinating care

REACHING THE GOAL

In order to establish medication optimization for all patients, ACCP is committed to promoting implementation and expansion of comprehensive clinical pharmacy services through:

- Advocacy, communications, and patient engagement
- Education of students, trainees, and pharmacists
- Support for research demonstrating the value of medication optimization in achieving the quintuple aim

For more information on medication optimization, snap the QR code or visit www.accp.com.

