ACSAP 2018 Book 1 (Cardiologic Care)

Total Available Hours: 16.5 BCACP test deadline: 11:59 p.m. (Central) on May 15, 2018. ACPE test deadline: 11:59 p.m. (Central) on January 14, 2021.

Cardiologic Care I (Module 1) – Credit Hours: 3.5

Chapter: Primary Prevention of Cardiovascular Disease

Learning Objectives

- 1. Assess cardiovascular risk in the patient without previously diagnosed atherosclerotic cardiovascular disease (ASCVD).
- 2. Evaluate novel risk markers and cardiovascular screening tools in determining ASCVD risk.
- 3. Construct an evidence-based plan for therapeutic lifestyle change that incorporates nutrition, physical activity, and individual patient characteristics.
- 4. Assess the appropriateness of aspirin and statin therapy to lower ASCVD risk based on individual patient characteristics.
- 5. Justify the role of the pharmacist in primary prevention of cardiovascular disease.

Chapter: Obesity in Patients with Cardiovascular Disease Learning Objectives

- 1. Account for the role of energy balance, appetite regulation, and concomitant drug use in development of obesity.
- 2. Assess the role of weight loss in the treatment of obesity and cardiovascular outcomes.
- 3. Classify patient weight and develop patient-specific weight loss goals.
- 4. Devise treatment strategies for weight loss using pharmacologic or nonpharmacologic therapy.
- 5. Evaluate postoperative management of surgical interventions.

Cardiologic Care II (Module 2) – Credit Hours: 3.5

Chapter: Pharmacogenomics in the Chronic Management of Cardiovascular Disease Learning Objectives

- 1. Apply the results of genetic testing in designing optimal warfarin treatment of cardiovascular diseases and in selecting antiplatelet agents for patients with ischemic heart disease and stroke.
- 2. Apply results from genetic testing to minimize simvastatin-induced myopathy.
- 3. Account for practical issues associated with the use of genetic testing in the chronic management of cardiovascular diseases.

Chapter: Transitions of Care in ACS and HF

Learning Objectives

1. Demonstrate the value of appropriate transitions of care (TOC) in patients with acute coronary syndrome (ACS) or heart failure (HF).

- 2. Develop a pharmacist TOC process for ACS and HF patients being discharged from the hospital to the community.
- 3. Justify the benefit of pharmacists in care transitions of ACS and HF patients.
- 4. Demonstrate the value of a pharmacist-directed TOC program for ACS and HF patients.

Cardiologic Care III (Module 3) – Credit Hours: 5.0

Chapter: Chronic Management of Heart Failure

Learning Objectives

- 1. Apply subjective and objective information obtained from a patient with heart failure (HF) to classify type of HF and appropriate therapies.
- 2. Design a guideline-directed management and therapy (GDMT) plan for a patient with heart failure with reduced ejection fraction (HFrEF).
- 3. Apply evidence for newer therapies (sacubitril/valsartan, ivabradine, and potassiumremoving agents) to optimize a medication regimen for a patient with HFrEF.
- 4. Evaluate the evidence regarding the role of spironolactone in treatment of heart failure with preserved ejection fraction (HFpEF).
- 5. Construct an appropriate titration plan for GDMT, with consideration for, and solutions to, potential barriers to dose optimization. 6. Develop an education and monitoring plan for a patient diagnosed with HF based on patient-specific needs.

Chapter: Chronic Cardiovascular Disease in the Older Patient

Learning Objectives

- 1. Distinguish age-related changes that affect drug pharmacology in older adults.
- 2. Design pharmacotherapy to optimize outcomes and safety for the patient with hypertension.
- 3. Account for drug–drug interactions in older patients.
- 4. Apply current evidence on the role of statins in older patients.
- 5. Design treatment and monitoring strategies to reduce adverse drug events attributed to heart failure pharmacotherapy.

Cardiologic Care IV (Module 4) – Credit Hours: 4.5

Chapter: Treatment-Resistant Hypertension Learning Objectives

- 1. Justify the proper identification and treatment of treatment-resistant hypertension (TRH) in patients.
- 2. Devise strategies to identify and control factors contributing to the development of TRH.
- 3. Develop a comprehensive approach to manage patients with TRH.
- 4. Justify the inclusion of clinical pharmacists into the multidisciplinary hypertension management team.

Chapter: Thromboembolic Disorders Learning Objectives

- 1. Design an evidence-based anticoagulation plan for patients with venous thromboembolism or atrial fibrillation.
- 2. Devise an anticoagulation treatment strategy for patients in special populations.
- 3. Develop a comprehensive approach to chronic management issues with direct-acting oral anticoagulants (DOACs).
- 4. Justify the role of the pharmacist in management of DOACs.