

ACSAP 2018 Book 2 (Women's and Men's Care)

Total Available Hours: 15.5

BCACP test deadline: 11:59 p.m. (Central) on October 2, 2018.

ACPE test deadline: 11:59 p.m. (Central) on May 14, 2021.

Women's and Men's Care I (Module 1) – Credit Hours: 3.5

Chapter: Wellness and Integrative Medicine

Learning Objectives

1. Evaluate recommendations for health screenings for adult patients on the basis of age and/or sex.
2. Justify the application of preventive health screenings for adult patients on the basis of age and/or sex.
3. Identify appropriate health screenings and preventive measures on the basis of age and/or sex.
4. Determine the role and place in therapy of integrative medicine practices in health care management.
5. Distinguish between resources available for health and wellness, and disease screening and prevention.

Chapter: Preconception Health

Learning Objectives

1. Evaluate preventive measures and appropriate screening for women during the preconception period.
2. Justify the management of common disease states during the preconception period.
3. Devise strategies for solving potential barriers to preconception care.
4. Distinguish optimal preconception resources, as well as appropriate nonpharmacologic and pharmacologic interventions, for the patient contemplating pregnancy.

Women's and Men's Care II (Module 2) – Credit Hours: 4.0

Chapter: Transgender Patients

Learning Objectives

1. Account for policies that affect transgender health with respect to access and coverage, and propose approaches to support optimal and affirming health in transgender individuals.
2. Justify health screenings and treatments according to the best available evidence in the transgender population.
3. Design a transition-related plan on the basis of patient goals and acceptable risk.
4. Evaluate the currently available literature surrounding transgender health.

Chapter: Substance Use in Pregnancy

Learning Objectives

1. Apply knowledge of the prevalence of substance use in pregnancy to improve outcomes.

2. Evaluate available informational resources and screening tests for substance use disorders (SUDs) during pregnancy.
3. Analyze ante- and postpartum fetal risk, and design treatment for pregnant patients with either a sedative SUD or a stimulant SUD.
4. Develop an educational plan on potential maternal and fetal risk for the pregnant patient currently using cannabis.

Women's and Men's Care III (Module 3) – Credit Hours: 4.5

Chapter: Testosterone Therapy

Learning Objectives

1. Account for the controversies in testosterone therapy as they pertain to medical indications.
2. Describe the indications and rationale for testosterone use for various clinical conditions in men.
3. Compare and contrast the pharmacokinetic profiles, adverse effects, monitoring, and place in therapy of various testosterone products.
4. Evaluate the short- and long-term safety concerns of testosterone therapy.
5. Given a patient case, evaluate the need for testosterone therapy on the basis of clinical manifestations and laboratory values, and recommend an appropriate testosterone regimen, considering monitoring and safety.

Chapter: Urinary Incontinence

Learning Objectives

1. Distinguish between the types of urinary incontinence (UI) on the basis of patient-reported symptoms and clinical assessment.
2. Develop a nonpharmacologic treatment plan tailored to a patient's specific UI type.
3. Design a treatment plan for managing specific UI types on the basis of patient-specific factors, including patient education and nonpharmacologic treatments.
4. Assess the appropriateness of off-label use of pharmacotherapy options for managing UI.

Women's and Men's Care IV (Module 4) – Credit Hours: 3.5

Chapter: Emergency Contraception

Learning Objectives

1. Demonstrate the role of emergency contraception (EC) in practice, the availability of options, and the impact on unintended pregnancy rates.
2. Given a patient case scenario, demonstrate an appropriate pharmacologic option for EC.
3. Evaluate differences, including efficacy and adverse effects, between the four different EC methods available in the United States.
4. Devise a treatment recommendation to address a patient's respective needs and/or possible concerns with EC use and access.

Chapter: Reproductive Justice: A Practice Framework

Learning Objectives

1. Distinguish between reproductive justice, health, and rights.
2. Analyze the link between the historical context of reproductive freedom in the United States and the implications for patients and providers.
3. Apply a reproductive justice framework to infertility treatment; a person who is encouraged to become a parent in the medical system; the provision of contraception and abortion services; and issues such as training in counseling, performance evaluations, and formulary management.