ACSAP 2020 Book 2 (Geriatric and Psychiatric Care)

Release date: July 15, 2020

BCPS test deadline: 11:59 p.m. (Central) on January 15, 2021. ACPE test deadline: 11:59 p.m. (Central) on July 15, 2023.



Continuing Pharmacy Education Credit: The American College of Clinical Pharmacy

and the American Society of Health-System Pharmacists are accredited by the Accreditation Council for Pharmacy Education (ACPE) as providers of continuing pharmacy education (CPE).

**ACSAP Target Audience:** The target audience for ACSAP 2020 Book 2 (*Geriatric and Psychiatric Care*) is board-certified and advanced level ambulatory care clinical pharmacists who manage the care of older adults.

#### Module I (5.0 CPE) Geriatric and Psychiatric Care I

UAN: 0217-9999-20-024-H01-P

#### **Chapter: Bipolar Disorder in Older Adults**

#### **Learning Objectives**

- 1. Distinguish between different phases of bipolar disorder, including common presentations in ambulatory older adults.
- 2. Apply clinical guidelines and pharmacologic information to treat ambulatory older adults experiencing bipolar mania.
- 3. Apply clinical guidelines and pharmacologic information to treat ambulatory older adults experiencing bipolar depression.
- 4. Develop a treatment plan for ambulatory older adults currently in the maintenance phase of bipolar disorder, including appropriate monitoring.

## **Chapter: Alcohol Use Disorder in Older Adults Learning Objectives**

- 1. Assess the geriatric patient for harmful alcohol consumption.
- 2. Devise a treatment plan for a geriatric patient experiencing alcohol withdrawal.
- 3. Distinguish the differences in mechanisms of action for naltrexone, acamprosate and disulfiram in regard to treatment of alcohol use disorder.
- 4. Design an optimal treatment plan for reducing future alcohol consumption in the elderly patient that involves pharmacologic and nonpharmacologic therapies.

#### Module II (4.0 CPE) Geriatric and Psychiatric Care II

UAN: 0217-9999-20-025-H01-P

Chapter: Behavioral and Psychological Symptoms of Dementia

**Learning Objectives** 

- 1. Differentiate among the four syndromes of behavioral and psychological symptoms of dementia (BPSD) and their prevalence among patients with neurocognitive disorders.
- 2. Apply evidence-based treatment strategies for a patient experiencing BPSD.
- 3. Evaluate risks versus benefits of pharmacologic treatment for BPSD.
- 4. Design a person-centered care plan for a patient experiencing moderate to severe BPSD.

### Chapter: Depression in Older Adults

- **Learning Objectives**
- 1. Assess older adult patients to identify those at high risk of depression.
- 2. Assess a patient for depression using an appropriate screening tool, and apply results to the *DSM-5* criteria for diagnosis.
- 3. Develop nonpharmacologic and pharmacologic treatment, including monitoring values, for the older patient with depression.
- 4. Evaluate for drug interactions, precautions, and contraindications in managing antidepressant treatment for the older patient.

#### Module III (3.5 CPE) Geriatric and Psychiatric Care III

UAN: 0217-9999-20-032-H01-P

# **Chapter: Glaucoma Learning Objectives**

- 1. Distinguish between different types of glaucoma, including common presentations in the ambulatory care setting.
- 2. Apply clinical guidelines and pharmacologic information to treat a patient with open-angle glaucoma.
- 3. Apply clinical guidelines and pharmacologic information to treat a patient with closed-angle glaucoma.

### Chapter: Cannabis Use in the Older Adult Learning Objectives

- 1. Distinguish between the different cannabis components and products to successfully educate patients and providers.
- 2. Evaluate the evidence for using cannabis to treat common conditions in older adults.
- 3. Apply regulatory information to patient case scenarios.
- 4. Develop an appropriate monitoring plan for a patient newly initiated on or already using a cannabis product.

#### Module IV (3.5 CPE) Geriatric and Psychiatric Care IV

UAN: 0217-9999-20-033-H01-P

### Interactive Case: Constipation in the Older Adult Learning Objectives

- 1. Distinguish between different types of constipation.
- 2. Assess differences in common presentation of constipation in the older adult population.

- 3. Evaluate the use of laxatives, intestinal secretagogues, serotonin-4 receptor agonists, and opioid antagonists in the older adult population.
- 4. Develop evidence-based treatment regimens for patients experiencing acute and chronic constipation.

### Interactive Case: Medicare Annual Wellness Visit Learning Objectives

- 1. Distinguish the differences between the initial preventive physical examination (IPPE), the initial annual wellness visit (AWV), and the subsequent AWV.
- 2. Evaluate required components of the Medicare AWV.
- 3. Apply clinical guidelines regarding preventive screenings and laboratory tests for a patient during the Medicare AWV.