2022 ACCP/ASHP BCGP Clinical Sessions

Learning Objectives

Sweet Dream or Nightmare: Managing Sleep Complaints in Older Adults

- 1. Assess common sleep disorders in an older adult patient population.
- 2. Apply evidence regarding the safety and efficacy of pharmacotherapy when used to treat common sleep disorders.
- 3. Identify and manage complicating factors encountered in the management of sleep complaints in older adult patients.
- 4. Design a treatment regimen addressing common sleep complaints in older adults.
- 5. Identify areas in which a clinical pharmacist can improve patient outcomes regarding sleep disorder management.

Anything ARNI Can Do, SGLT2i Can Do Better? Debate of Pharmacologic Therapies in HFpEF

- 1. Describe how historical heart failure therapies have failed to meet the needs of patients with HFpEF.
- 2. Evaluate the evidence for mineralocorticoid receptor antagonists, angiotensin receptor-neprilysin inhibitors, and sodium-glucose cotransporter 2 inhibitors in patients with heart failure with preserved ejection fraction.
- 3. Analyze common scenarios where newer therapies may be able to provide clinical benefit to patients with HFpEF.
- 4. Recommend a therapeutic plan for the management of a patient with heart failure with preserved ejection fraction using patient-specific factors.

Breaking Down Neurodegenerative Diseases: Pharmacy Updates in Managing Alzheimer's and Parkinson's

- 1. Explain the mechanisms of anti-amyloid antibodies on the breakthrough therapy pathway.
- 2. Evaluate anti-amyloid antibody treatment criteria, including strategies to mitigate and monitor for CNS adverse events in eligible patients.
- 3. Assess implications of anti-amyloid immunotherapy approval and potential barriers to routine use.
- 4. Develop an individualized treatment plan to optimize motor symptoms of PD utilizing novel therapies.
- 5. Evaluate the use of medications for the treatment of non-motor symptoms of PD.

Watch Your Step! Navigating Polypharmacy to Minimize Fall Risk

- 1. Using the CDC STEADI algorithm, develop a falls prevention process that incorporates pharmacists.
- 2. Based on a review of the literature, assess medications with an increased fall risk in older adults.
- 3. Recommend medication strategies to decrease falls in older adults.