

**2020 Geriatric Pharmacy Specialty Selected Readings:  
Management of Osteoarthritis and Osteoporosis in the Elderly**

**Management of Osteoporosis and Osteoarthritis in the Elderly**

**ACPE Number: 0204-9999-20-968-H01-P**

**Credit Hours: 3**

**Learning Objectives**

After participating in this CPE activity, learners should be able to:

- Discuss the risk factors of musculoskeletal disorders in older adults.
- Describe non-pharmacologic recommendations for the prevention and treatment of musculoskeletal disorders.
- Select appropriate drug therapy for older adults with osteoporosis.
- Evaluate the risks and benefits of a drug holiday in patients taking a bisphosphonate for osteoporosis.
- Compare and contrast pharmacotherapy options for the treatment of pain associated with osteoarthritis in the older adult population.