## 2021 Geriatric Pharmacy Specialty Selected Readings: Evaluation and Management of Chronic Kidney Disease and Urologic Disorders in Older Adults

## Learning Objectives and PDF Article

Universal Activity Number: 0204-9999-21-974-H01-P Contact Hours: 3.00 Activity Type: Application-Based

This module focuses on management of declining renal function, chronic kidney disease (CKD), urinary incontinence, and benign prostatic hyperplasia (BPH) in older adults. By reading the selected book chapter, listening to the presentation, and answering the post-activity assessment, the clinician will enhance their understanding and application of these criteria and approaches.

Fundamentals of Geriatric Pharmacotherapy, An Evidence-Based Approach, Second Edition, Chapter 9

## **Learning Objectives**

After participating in this CPE activity, learners should be able to:

- Assess CKD and risk of CKD-related complications in older adults using screening tools and clinical practice guidelines.
- Revise a medication regimen in an older adult with declining renal function or CKD using clinical practice guidelines, principles of renal drug dosing, and deprescribing.
- Recommend an evidence-based therapeutic plan for CKD related anemia, cardiovascular disease and mineral and bone disorders.
- Recommend evidence-based non-pharmacologic strategies for the management of urinary incontinence and BPH.
- Compare and contrast urinary incontinence and BPH treatment options based on mechanism of action, adverse effect profile, and efficacy.
- Given a patient case, develop a therapeutic plan for an older adult with urinary incontinence or BPH based on patient and agent-related variables.