

MEDICATION OPTIMIZATION

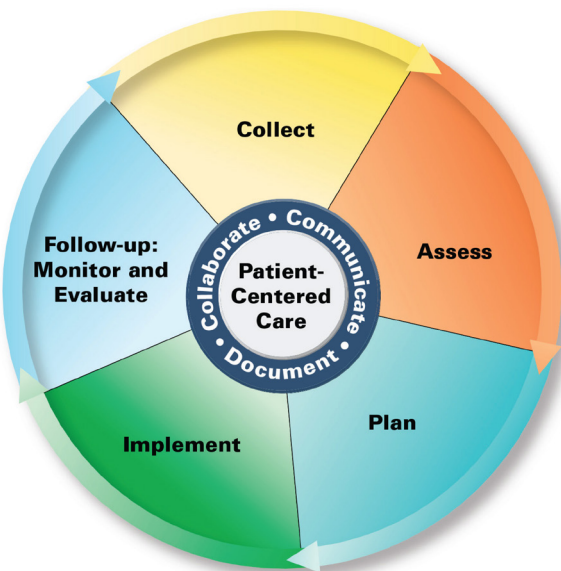
Medication optimization is a patient-centered, team-based approach to improve patient outcomes. ACCP supports the goal of achieving medication optimization for all patients across the care continuum.



IMPACT

Medication optimization is integral to achieving all components of the [Quadruple Aim](#):

- Improving population health
- Enhancing the patient experience
- Reducing costs
- Improving work life for health care clinicians



JCPP Pharmacists' Patient Care Process

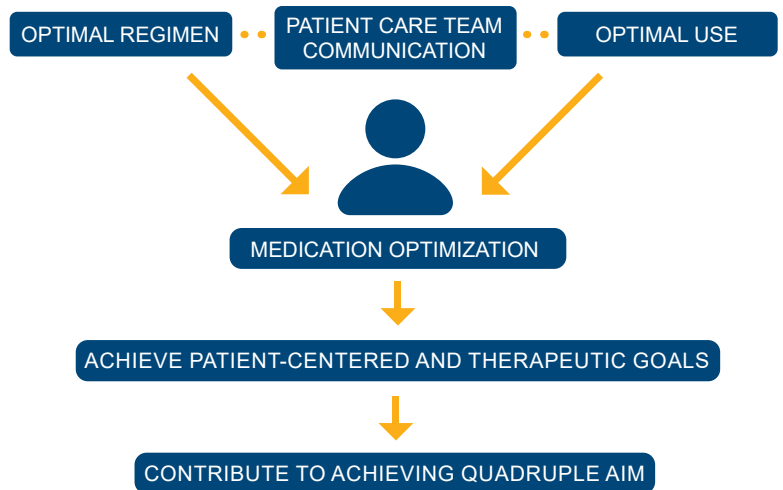
jcpc.net/patient-care-process

IMPLEMENTATION

Comprehensive medication management (CMM) is a holistic, consistent approach to the patient care process that optimizes medication-related outcomes.* Based on the findings of the CMM in Primary Care Study, ACCP encourages implementation of CMM in all patient care settings.

*accp.com/CMM_Care_Process

For more information on CMM, visit optimizingmeds.org.



PROCESS

Medication optimization results from a consistent patient care process, such as that endorsed by the Joint Commission of Pharmacy Practitioners (JCPP). It is achieved by optimizing the patient's medication regimen and optimizing medication use.

Optimizing the medication regimen requires the health care team to:

- evaluate response to current medications
- identify areas for improvement
- develop a care plan to achieve treatment goals

Optimizing medication use requires the health care team to ensure that the patient:

- understands and agrees with the care plan
- has access to the medications
- participates in follow-up evaluations

DISSEMINATION

ACCP advocates dissemination of the results of the CMM in Primary Care Study and ongoing research related to medication optimization. As a founding member of the Get the Medications Right Institute (gtmr.org), ACCP promotes medication optimization and CMM practices that ensure appropriate personalized use of medications and gene therapies. This approach emphasizes to all stakeholders how a systematic, collaborative, and evidence-based decision-making process can achieve medication optimization.